

Family Strengths are patterns, skills and characteristics that:

- ❖ Create a sense of positive family identity
- ❖ Promote satisfying and fulfilling interaction among family members
- ❖ Encourage the development of the potential of the family group and individual family members
- ❖ Contribute to the family's ability to deal effectively with stress and crisis
- ❖ Contribute to the family's ability to be supportive of other families

Families are the thread that holds the human race together, through our families we are connected to the past- the distant times and places of our ancestors-and to the future- the hope of our children's children



LLFC Family Support Program

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 **FAMILY SUPPORT PROGRAM**
IN-HOME SERVICES FOR SASKATCHEWAN FAMILIES

Community Based Programming

*Delivered by Community
members to Community
members*

“What is the Family Support Program?”

Program Vision:

Children are safe within healthy families

The family support program supports the healthy development of families and their children to achieve the following goals:

- ✓ Ensure the safety of children
- ✓ To maintain the family whenever safe and possible.
- ✓ To ensure the healthy reunification of children with their family whenever safe and possible.

Support services focus on parenting, daily living skill, personal wellness, and social and community resources.

The family support program provides intensive in home support in a respectful, non-threatening manner. Outcomes are determined and measured by the family, case manager and family support program.

Short term outcomes provide increased knowledge in the following areas:

- Community resources
- Family strengths
- Abuse/neglect issues
- Age appropriate child development
- Positive parenting strategies
- personal health issues

Mid-term outcomes:

- Improved ability to access community resources



The FSP has two Types of services.

Mandated services:

Mandated services are families referred from the department of child and family services.

Diversion Services:

Diversion services are referrals done from Community agencies and community members.

Families can also self-refer themselves for services.

Population served:

- 1) *Families struggling with caring for their children*
- 2) *Families who have children in care of the ministry*
- 3) *High risk youth and families*

All Families have strengths to build on

All families experience stressors but when stressors mount up they can create barriers to healthy family life.

As a result of these stressors some children are neglected or abused, When children are found to “be in need of protection” as defined by the child and family services act, family support services are offered to reduce risk and build on family strengths.

Saskatchewan’s family support program has a long history in the province. It began in 1981. It has been the program’s experience that parents do not set out to harm their children. When families are given support, education and resources within a trusting relationship they are able to recognize and build on their strengths and change behaviors.

Family support services are individual plans, unique to each family.